

The Regions of Optimist International shall be as follows:

**Region 1: Northeast & Great Lakes**

New York – New England  
Ohio  
Central Ontario  
Midwestern Ontario  
Southwestern Ontario  
Michigan

**Region 2: Southeast**

Caribbean  
GATE  
North Florida  
South Florida  
South Carolina  
Alabama-Mississippi  
Louisiana

**Region 3: Mid-Atlantic**

Atlantic Central  
Kentucky-West Virginia  
Maryland-South Delaware  
Capital-Virginia  
North Carolina West  
North Carolina East

**Region 4: Middle America**

Indiana North  
Indiana South  
Illinois  
Kansas  
East Missouri  
West Missouri

**Region 5: Great Plains**

Dakotas-Manitoba-Minnesota  
Wisconsin-Upper Michigan  
Southern Wisconsin  
Iowa  
Nebraska  
Alberta-Montana-Saskatchewan

**Region 6: Southwest**

Colorado-Wyoming  
New Mexico-West Texas  
TennArk  
Oklahoma  
North Texas  
South Texas

**Region 7: West Coast**

Pacific Northwest  
Pacific Central  
Pacific Southwest  
Pacific Southeast  
California South  
Arizona

**Region 8: St Lawrence**

Eastern Ontario  
Quebec West  
Quebec Central  
Quebec South  
Quebec East-North Shore  
Quebec East-Acadia

(Dec 2007; Mar 2009; Jul 2017)